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Jacob J. Wurth is the author of The National Strength and Conditioning Association's (NSCA) Basics of Strength and Conditioning Manual (5.00 avg rating, http://www.goodreads.com/author/show/7085947.Jacob_J_Wurth

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Jennifer K. Hewitt is the author of The National Strength and Conditioning Association's (NSCA) Basics of Strength and Conditioning Manual (5.00 avg rati http://www.goodreads.com/author/show/7085948.Jennifer_K_Hewitt

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